



Child & Family Welfare Foundation

A Project for the Disabled & Polio Affected

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March/April 2011 Progress-Report

With this brief update, we express many thanks to all those who have contributed and assisted us, and taken an active part in our Charity project in one form or another. It is the kind help and participation such as yours, which makes it possible for us to carry on our medical aid project for the Disabled and Underprivileged. It is great to see patients completing treatments and facing a brighter future ahead! Thank you for taking part in CFWF's project. For more details on patients, please view reports on our website. In 2011 our project is again in demand and we have received many new requests from disabled

and poor, needy children as well as young adults requesting free correctional treatment. Some have received their medical exams and a few have already been admitted for surgery.

We are in the process of creating a website of our recently founded Trust, CFWF and it's activities. CFWF is the new name for **Polio Child Relief-Mumbai**, which had been carrying out the project for the previous 13 years. To know more about changes and history, please visit: www.cfwf.org/history CFWF's comprehensive site is presently under construction, kindly bear with us till all the work will be completed.



Nisha with CFWF-Associate Mrs Anita Gupta in front of Ashwini's hutment, attached to the wall of a giant factory compound where her mother works as a sweeper.

The Story of Ashwini

Ashwini(14) lives with her siblings and parents in a pitiful condition, crammed in a one room hut, which is attached with others to the wall of a big factory compound. Suffering from Cerebral Palsy, Ashwini went in for her 1st correctional surgery in late 2009. Her deformity is mainly in her right arm and partly in her leg too. She was not able to lift her arm nor coordinate finger movements prior to treatment. Her 1st operation was a corr. surgery with a muscle transplant below her elbow. The 2nd step was a wrist fusion surgery in her right hand. (Picture below)



After her 2nd stage treatment, Ashwini needed consistent Physio for an extended period of time. Slowly her condition improved and towards the end of 2010 the last surgery, a 'Thumb Adductor' operation was performed. Arm movements have already increased by 50% and Ashwini, with her family, is very thankful for the free treatment. In the picture Nisha is checking on her progress.



CFWF-Josef with Dr. Desai and Dr. Cunningham from Cambridge in front of the Shraddha Clinic in Mumbai.



Pranay(15) from our neighbourhood

Similar to Ashwini is Pranay's case. He is the youngest of 3 boys of Jayshree, who is a single mother. Pranay's father passed away years ago and life has been quite rough for Jayshree and the boys. Pranay received the same correctional surgeries and is now recovering, doing Physio after the last one. During his treatment their dilapidated old mud house needed to be rebuilt. In the right picture, Pranay stands after one of his operations at the entrance of the new home with a pot of cow-dung used to plaster the exterior walls.



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Abid moving about in his usual way through the gali, on all four with flip-flops on his hands for protection.



Abid hopes to walk one day!

Abid is a young man (24) suffering from deformities across his lower body due to Polio. He recently came to know about our project and was given a free medical exam, in which corr. surgery in right hip & knee, limb-lengthening and also surgery in his feet was diagnosed. Abid is in the 1st stage of his treatment, and the progress so far is satisfactory. In the left picture we see Abid moving wearisomely through the lane, in the top picture are Bandu and Nisha checking his condition at his home.

Registration of our Trust completed!

In order to expand our project and make our services available to more needy and the public at large, plans to found a Trust took finally concrete shape in 2010. The various formalities were completed and registration number received in October. However, the granting of tax-exemption status within India is now process and should be completed by mid 2011. The Trust is called Child & Family Welfare Foundation, and the creation of a website for the project is presently in the works. Below is Bandu with the registrar and certificate.



Marzini, unable to stand is supported on both sides. Her legs are bent to an almost 90% angle.



Marzini's Remarkable Progress

In treatment since 2009, we had already reported progress of her 1st stage in our last update. A major breakthrough came with the 'Eggers' knee surgeries of early 2010 which released tendons and corrected much of her deformity. Her legs became straight (see above) and Marzini could start with Physio and exercising with an old walker in her native place Aurangabad. Being a Cerebral Palsy patient, development of her motor skills takes time. On the right she is seen with her mother Noorja and grandfather, taking excitedly her first steps with the new caliper and walker.



Outside OAALMAC Orthoshop, after fitting on her caliper Marzini is practising for the 1st time with caliper and walker.



Amit in Treatment

A patient, name Amit Shirke (17) was registered for CFWFs 'Free Correctional Treatment' project in January 2011, and received surgery in his right lower arm. Here in the picture he is seen with long time Hospital staff member, sister Mercy. She is applying the dressing during post operation followup. Dr. Desai and his dedicated staff work diligently to assist the needy, disabled children.

Treatment of Arafat just started

13year old Arafat from Beed District in Maharashtra was also brought to us in January 2011. After a medical exam, he received four operations simultaneously! He is recovering very well after major surgery, but Arafat's treatment is lengthy and consisting of several stages. The total cost for all operations and treatment is INR55000/- Contributions towards him and other patients waiting for or presently in treatment are greatly appreciated.



Thank you for working and investing along with us in the lives of these needy, disabled children and youth. Together we can make a difference! We wish you prosperity, success and good health. With greetings & warm regards, Child & Family Welfare Foundation
Josef S, Project-Manager